

NM Division Mens Equipped records

53kg (Men Eq)	Under16	Under 18 Sub Jnr	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
SQUAT Lifter Date	71.5 std -	77 std -	126.5 std -	- std -	- std -	- std -	- std -	- std -
BENCHPRESS Lifter Date	35 std -	42 std -	62.5 std -	- std -	- std -	- std -	- std -	- std -
DEADLIFT Lifter Date	95 std -	107.5 std -	145 std -	- std -	- std -	- std -	- std -	- std -
TOTAL Lifter Date	180 std -	197.5 std -	275 std -	- std -	- std -	- std -	- std -	- std -
BENCH A/C Lifter Date	36.5 std -	42.5 std -	65 std -	- std -	- std -	- std -	- std -	- std -
59kg (Men Eq)	Under16	Under 18 Sub Jnr	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
SQUAT Lifter Date	85 std -	95 std -	135 std -	140 Jesse Johnson 20/08/2017	122.5 std -	107.5 std -	97.5 std -	55 std -
BENCHPRESS Lifter Date	47.5 std -	52.5 std -	77.5 std -	120 Jesse Johnson 20/08/2017	70 std -	62.5 std -	55 std -	42 std -
DEADLIFT Lifter Date	110 std -	122.5 std -	160 std -	170 Jesse Johnson 20/08/2017	147.5 std -	135 std -	115 std -	82.5 std -
TOTAL Lifter Date	231 std -	258.5 std -	332.75 std -	430 Jesse Johnson 20/08/2017	313.5 std -	288.75 std -	261.25 std -	170.5 std -
BENCH A/C Lifter Date	47.5 std -	52.5 std -	77.5 std -	122.5 Jesse Johnson 15/01/2017	70 std -	62.5 std -	60 std -	42.5 std -
66kg (Men Eq)	Under16	Under 18 Sub Jnr	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
SQUAT Lifter Date	115 Ben Hartley 20/08/2017	190 Ben Hartley 17/07/2019	200 Ben Hartley 27/08/2019	200 Ben Hartley 27/08/2019	140 Ted Byrne 05/03/2011	140 Ted Byrne 05/03/2011	140 Bill Taylor 08/11/2018	120 Roger Little 16/03/2014
BENCHPRESS Lifter Date	67.5 Ben Hartley 20/08/2017	120 Ben Hartley 17/07/2019	125 Ben Hartley 27/08/2019	125 Ben Hartley 27/08/2019	90 Ted Byrne 27/03/2011	90 Ted Byrne 27/03/2011	85 Bill Taylor 08/11/2018	65 Roger Little 16/03/2014
DEADLIFT Lifter Date	133 Ben Hartley 20/08/2017	175 Ben Hartley 17/07/2019	185 Ben Hartley 27/08/2019	200 Ted Byrne 08/10/2011	200 Ted Byrne 08/10/2011	200 Ted Byrne 08/10/2011	160.5 Roger Little 16/04/2014	160.5 Roger Little 16/03/2014
TOTAL Lifter Date	315.5 Ben Hartley 20/08/2017	485 Ben Hartley 17/07/2019	510 Ben Hartley 27/08/2019	510 Ben Hartley 27/08/2019	420 Ted Byrne 27/03/2011	420 Ted Byrne 27/03/2011	385 Bill Taylor 08/11/2018	345.5 Roger Little 16/03/2014
BENCH A/C Lifter Date	67.5 Ben Hartley 20/08/2017	120 Ben Hartley 17/07/2019	125 Ben Hartley 27/08/2019	125 Ben Hartley 27/08/2019	90 Ted Byrne 27/03/2011	90 Ted Byrne 27/03/2011	85 Bill Taylor 08/11/2018	65 Roger Little 16/03/2014
74kg (Men Eq)	Under16	Under 18 Sub Jnr	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
SQUAT Lifter Date	125 std -	137.5 std -	157.5 std -	270 Paul Campbell 09/11/2019	220 Shaun Haynes 30/11/2013	160 Mick Cliffe 24/07/2011	120 Roger Powell 24/07/2011	107.5 std -
BENCHPRESS Lifter Date	82.5 std -	90 std -	120 Luke Dixson 27/03/2011	175 Paul Campbell 07/09/2019	160 Shaun Haynes 30/11/2013	110 Mick Cliffe 24/07/2011	70 Roger Powell 24/07/2011	63 std -
DEADLIFT Lifter Date	145 std -	162.5 std -	190 std -	260 Paul Campbell 15/09/2018	230 Shaun Haynes 30/11/2013	210 Mick Cliffe 24/07/2011	155 Roger Powell 24/07/2011	115.5 std -
TOTAL Lifter Date	322.5 std -	357.5 std -	420 std -	702.5 Paul Campbell 09/11/2019	610 Shaun Haynes 30/11/2013	480 Mick Cliffe 24/07/2011	340 Roger Powell 24/07/2011	266.75 std -
BENCH A/C Lifter Date	82.5 std -	162.5 Jared Sayed 08/02/2015	162.5 Jared Sayed 08/02/2015	175 Paul Campbell 07/09/2019	160 Shaun Haynes 30/11/2013	110 Mick Cliffe 24/07/2011	86.63 std -	63 std -
83kg (Men Eq)	Under16	Under 18 Sub Jnr	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
SQUAT Lifter Date	130 std -	250 Jakub Zaruba 23/07/2016	250 Jakub Zaruba 23/07/2016	255 Paul Campbell 08/11/2018	242.5 Shaun Haynes 11/04/2015	200 Mick Cliffe 24/03/2012	130 std -	112.5 std -
BENCHPRESS Lifter Date	85 std -	142.5 Jakub Zaruba 23/07/2016	142.5 Jakub Zaruba 23/07/2016	187.5 Shaun Haynes 27/02/2016	187.5 Shaun Haynes 27/02/2016	110 Mick Cliffe 24/03/2012	90 std -	65.5 std -
DEADLIFT Lifter Date	148.5 std -	222.5 Jakub Zaruba 23/07/2016	230 Mathew Hanes 27/03/2011	255 Paul Campbell 08/11/2018	240 Shaun Haynes 19/02/2012	230 Mick Cliffe 24/03/2012	147.5 std -	122.5 std -
TOTAL Lifter Date	322.5 std -	615 Jakub Zaruba 23/07/2016	615 Jakub Zaruba 23/07/2016	675 Paul Campbell 08/11/2018	667.5 Shaun Haynes 27/02/2016	540 Mick Cliffe 24/03/2012	340 std -	285 std -
BENCH A/C Lifter Date	85 std -	160 Ben Hartley 27/06/2021	160 Ben Hartley 27/06/2021	197.5 Shaun Haynes 15/01/2017	197.5 Shaun Haynes 15/01/2017	97.5 Mick Cliffe 24/03/2012	92.5 std -	67.5 std -

93kg (Men Eq)	Under16	Under 18 Sub Jnr	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
SQUAT Lifter Date	132.5 std -	147.7 std -	165 std -	310 Mark Gregory 19/02/2012	260 Neil Spence 01/11/2014	222.5 Jason Talbot 19/01/2019	137.5 std -	117.5 std -
BENCHPRESS Lifter Date	87.5 std -	97.5 std -	105 std -	230 Mark Gregory 19/02/2012	200.5 Mark Talbot 27/05/2018	197.5 Jason Talbot 19/01/2019	120 Std -	72.5 std -
DEADLIFT Lifter Date	152.5 std -	167.5 std -	192.5 std -	260 Mark Gregory 19/02/2012	250 Neil Spence 01/11/2014	225 Jason Talbot 19/01/2019	160 std -	130 std -
TOTAL Lifter Date	330 std -	365.5 std -	415 std -	800 Mark Gregory 19/02/2012	700 Neil Spence 01/11/2014	645 Jason Talbot 19/01/2019	360 std -	305 std -
BENCH A/C Lifter Date	85.5 std -	97.5 std -	220.5 Richard Balderstone 08/02/2015	230 Mark Gregory 19/02/2012	210 Jason Talbot 22/06/2019	210 Brit Record Jason Talbot 22/06/2019	152.5 Glyn Belsher 23/06/2018	82.5 std -
105kg (Men Eq)	Under16	Under 18 Sub Jnr	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
SQUAT Lifter Date	137.5 std -	155 std -	340 Brit Record John Hamson 22/06/2013	350 John Hamson 06/11/2014	240 std -	200 std -	145 std -	122.5 std -
BENCHPRESS Lifter Date	92.5 std -	100 std -	235 Brit Record John Hamson 11/04/2013	250 Brit Record Mark Gregory 30/07/2011	200.5 Jason Talbot 17/11/2018	200 Paul Hammond 12/07/2015	100 std -	77.5 std -
DEADLIFT Lifter Date	154 std -	170.5 std -	325 Brit Record John Hamson 24/11/2013	327.5 John Hamson 06/11/2014	240 std -	210 std -	167.75 std -	134.75 std -
TOTAL Lifter Date	340 std -	377.5 std -	900 Brit Record John Hamson 24/11/2013	922.5 Brit Record John Hamson 06/11/2014	680 std -	600 std -	380 std -	320 std -
BENCH A/C Lifter Date	90 std -	100 std -	235 Brit Record John Hamson 11/04/2013	250 Mark Gregory 30/07/2011	200.5 Jason Talbot 17/11/2018	200 Paul Hammond 12/07/2015	137.5 Glyn Belsher 24/11/2019	77.5 std -
120kg (Men Eq)	Under16	Under 18 Sub Jnr	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
SQUAT Lifter Date	148.5 std -	165 std -	240 std -	302.5 Ian Ryan 19/01/2020	302.5 Ian Ryan 19/01/2020	252.5 Dave Turner 16/03/2014	252.5 Brit Record Dave Turner 16/03/2014	129.25 std -
BENCHPRESS Lifter Date	92.5 std -	92.5 std -	160 std -	230 Ian Ryan 09/11/2019	230 Ian Ryan 09/11/2019	125 Dave Turner 16/03/2014	125 Dave Turner 16/03/2014	81.38 std -
DEADLIFT Lifter Date	157.5 std -	172.5 std -	250 std -	290 Svajunas Strakisis 19/02/2012	250 Ian Ryan 15/07/2017	202.5 Dave Turner 16/03/2014	202.5 Dave Turner 16/03/2014	142.5 std -
TOTAL Lifter Date	343.88 std -	382.5 std -	700 std -	772.5 Ian Ryan 09/11/2019	772.5 Ian Ryan 09/11/2019	580 Dave Turner 16/03/2014	580 Dave Turner 16/03/2014	307.5 std -
BENCH A/C Lifter Date	150 James Lovell 21/11/2021	150 James Lovell 21/11/2021	240.5 Mike Pennington 06/11/2011	283 Mike Pennington 19/02/2012	230 Ian Ryan 09/11/2019	125 Dave Turner 16/03/2014	125 Dave Turner 16/03/2014	81.38 std -
120+kg (Men Eq)	Under16	Under 18 Sub Jnr	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
SQUAT Lifter Date	155 std -	170.5 std -	187.5 std -	367.5 James Brincat-Smith 08/09/2019	367.5 James Brincat-Smith 08/09/2019	185 std -	154 std -	134.75 std -
BENCHPRESS Lifter Date	97.5 std -	107.5 std -	125 std -	232.5 James Brincat-Smith 07/07/2019	232.5 James Brincat-Smith 07/07/2019	115.5 std -	112.5 std -	87.5 std -
DEADLIFT Lifter Date	160 std -	177.5 std -	207.5 std -	260 James Brincat-Smith 08/09/2019	260 James Brincat-Smith 08/09/2019	207.5 std -	177.5 std -	145 std -
TOTAL Lifter Date	365 std -	407.5 std -	472.5 std -	847.5 James Brincat-Smith 08/09/2019	847.5 James Brincat-Smith 08/09/2019	455 std -	405 std -	332.5 std -
BENCH A/C Lifter Date	97.5 std -	240 Brit Record Graham Mellor 18/10/2012	303 Brit Record Graham Mellor 15/01/2017	317.5 Brit Record Graham Mellor 20/01/2019	232.5 James Brincat-Smith 23/05/2019	132.5 std -	112.5 std -	87.5 std -