

NM Division Womens Equipped Records

43kg (W Eq)	Under 18 Jnr	Sub	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
<b>Squat</b>	50		67.5	-	-	-	-	-
Lifter	Std		Std	-	-	-	-	-
Date	-		-	-	-	-	-	-
<b>Bench Press</b>	26		35	-	-	-	-	-
Lifter	Std		Std	-	-	-	-	-
Date	-		-	-	-	-	-	-
<b>Deadlift</b>	66		88	-	-	-	-	-
Lifter	Std		Std	-	-	-	-	-
Date	-		-	-	-	-	-	-
<b>Total</b>	132		177.5	-	-	-	-	-
Lifter	Std		Std	-	-	-	-	-
Date	-		-	-	-	-	-	-
<b>Bench (A/C)</b>	27.5		70	-	-	-	-	-
Lifter	Std		Megan Ainsworth	-	-	-	-	-
Date	-		29/09/2012	-	-	-	-	-
47kg (W Eq)	Under 18 Jnr	Sub	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
<b>Squat</b>	52.5		71.5	80	71.5	47.5	27.5	-
Lifter	Std		Std	Std	Std	Std	Std	Std
Date	-		-	-	-	-	-	-
<b>Bench Press</b>	25.5		35	42.5	35	27.5	15	-
Lifter	Std		Std	Std	Std	Std	Std	Std
Date	-		-	-	-	-	-	-
<b>Deadlift</b>	66		92.5	97.5	90	71.5	50	-
Lifter	Std		Std	Std	Std	Std	Std	Std
Date	-		-	-	-	-	-	-
<b>Total</b>	132		182.5	200	177.5	132	82.5	-
Lifter	Std		Std	Std	Std	Std	Std	Std
Date	-		-	-	-	-	-	-
<b>Bench (A/C)</b>	25.5		35	42.5	35	27.5	15	-
Lifter	Std		Std	Std	Std	Std	Std	Std
Date	-		-	-	-	-	-	-
52kg (W Eq)	Under 18 Jnr	Sub	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
<b>Squat</b>	57.5		77.5	140	Michelle Franklin	Michelle Franklin	33	-
Lifter	Std		Std	Linzi Waite	125	125	Std	Std
Date	-		-	08/05/2019	19/01/2019	19/01/2019	-	-
<b>Bench Press</b>	27.5		42.5	77.5	67.5	67.5	20	-
Lifter	Std		Std	Linzi Waite	Michelle Franklin	Michelle Franklin	Std	Std
Date	-		-	07/09/2019	19/01/2019	19/01/2019	-	-
<b>Deadlift</b>	77		105	130	140	140	57.5	-
Lifter	Std		Std	Linzi Waite	Michelle Franklin	Michelle Franklin	Std	Std
Date	-		-	07/09/2019	19/01/2019	19/01/2019	-	-
<b>Total</b>	155		212.5	337.5	332.5	332.5	88	-
Lifter	Std		Std	Linzi Waite	Michelle Franklin	Michelle Franklin	Std	Std
Date	-		-	08/05/2019	19/01/2019	19/01/2019	-	-
<b>Bench (A/C)</b>	31.5		42	77.5	67.5	67.5	20	-
Lifter	Std		Std	Linzi Waite	Michelle Franklin	Michelle Franklin	Std	Std
Date	-		-	07/09/2019	19/01/2019	19/01/2019	-	-
57kg (W Eq)	Under 18 Jnr	Sub	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
<b>Squat</b>	62.5		140	140	132.5	132.5	35	-
Lifter	Std		Bianca Pennington	Bianca Pennington	Michelle Franklin	Michelle Franklin	std	Std
Date	-		25/02/2017	25/02/2017	03/07/2019	03/07/2019	-	-
<b>Bench Press</b>	32.5		70	77.5	77.5	77.5	21	-
Lifter	Amelia Maycock		Bianca Pennington	Michelle Franklin	Michelle Franklin	Michelle Franklin	std	Std
Date	27/02/2016		25/02/2017	04/10/2017	04/10/2017	04/08/2017	-	-
<b>Deadlift</b>	102.5		145	147.5	147.5	147.5	60	-
Lifter	Amelia Maycock		Bianca Pennington	Michelle Franklin	Michelle Franklin	Michelle Franklin	std	Std
Date	27/02/2016		25/02/2017	03/07/2018	03/07/2018	03/07/2018	-	-
<b>Total</b>	195		355	355	350	350	93.5	-
Lifter	Amelia Maycock		Bianca Pennington	Bianca Pennington	Michelle Franklin	Michelle Franklin	std	Std
Date	27/02/2016		25/02/2017	25/02/2017	03/07/2018	03/07/2018	-	-
<b>Bench (A/C)</b>	32.5		70	80	80	80	21	-
Lifter	Amelia Maycock		Bianca Pennington	Michelle Franklin	Michelle Franklin	Michelle Franklin	std	Std
Date	27/02/2016		25/02/2017	21/03/2018	21/03/2018	21/03/2017	-	-
63kg (W Eq)	Under 18 Jnr	Sub	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
<b>Squat</b>	122.5		140	205	160.5	135.5 Brit Record	42	-
Lifter	Amelia Maycock		Amelia Maycock	Holly Bryans	Helen Barrs	Michelle Franklin	Std	Std
Date	05/05/2018		19/01/2019	26/06/2021	28/04/2013	26/06/2021	-	-
<b>Bench Press</b>	60		77.5	132.5	82.5	82.5	25	-
Lifter	Amelia Maycock		Amelia Maycock	Holly Bryans	Helen Barrs	Michelle Franklin	Std	Std
Date	05/05/2018		28/08/2019	26/06/2021	26/06/2012	26/06/2021	-	-
<b>Deadlift</b>	152.5		162.5	207.5 Brit Record	162.5	142.5	67.5	-
Lifter	Amelia Maycock		Amelia Maycock	Holly Bryans	Helen Barrs	Michelle Franklin	Std	Std
Date	05/05/2018		19/01/2019	26/06/2021	18/07/2012	26/06/2021	-	-
<b>Total</b>	335		372.5	545	405	360.5	102.5	-
Lifter	Amelia Maycock		Amelia Maycock	Holly Bryans	Helen Barrs	Michelle Franklin	Std	Std
Date	05/05/2018		19/01/2019	26/06/2021	28/09/2012	26/06/2021	-	-
<b>Bench (A/C)</b>	60		77.5	132.5	83	83	25	-
Lifter	Amelia Maycock		Amelia Maycock	Holly Bryans	Michelle Franklin	Michelle Franklin	Std	Std
Date	05/05/2018		28/08/2019	26/06/2021	27/06/2021	27/06/2021	-	-

69kg (W Eq)	Under 18 Jnr	Sub	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
<b>Squat</b> Lifter Date	120 Std -		180 Amelia Maycock 13/11/2021	180 Amelia Maycock 13/11/2021	140 Wendie Kirkland 26/06/2021	110 Std -	80 Std -	- Std -
<b>Bench Press</b> Lifter Date	55 Std -		110 Amelia Maycock 13/11/2021	110 Amelia Maycock 13/11/2021	105.5 <b>Brit Record</b> Wendie Kirkland 26/06/2021	50 Std -	40 Std -	- Std -
<b>Deadlift</b> Lifter Date	130 Std -		180 Amelia Maycock 13/11/2021	180 Amelia Maycock 13/11/2021	135 Wendie Kirkland 26/06/2021	110 Std -	100 Std -	- Std -
<b>Total</b> Lifter Date	305 Std -		470 Amelia Maycock 13/11/2021	470 Amelia Maycock 13/11/2021	380.5 Wendie Kirkland 26/06/2021	270 Std -	220 Std -	- Std -
<b>Bench (A/C)</b> Lifter Date	55 Std -		110 Amelia Maycock 13/11/2021	110 Wendie Kirkland 22/10/2021	110 Wendie Kirkland 22/10/2021	50 Std -	40 Std -	- Std -
<b>72kg (W Eq)</b> frozen end 2020	under 18		Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
<b>Squat</b> Lifter Date	77.5 std -		135 Hannah Graham 29/08/2019	225 <b>Brit Record</b> Holly Bryans 18/01/2020	162.5 <b>Brit Record</b> Joy Mineo 18/01/2020	162.5 Joy Mineo 18/01/2020	44 std -	- std -
<b>Bench Press</b> Lifter Date	35 std -		72.5 Hannah Graham 29/08/2019	140 <b>Brit Record</b> Holly Bryans 18/01/2020	105 Wendie Kirkland 28/07/2019	90 Joy Mineo 18/01/2020	26 std -	- std -
<b>Deadlift</b> Lifter Date	96 std -		160 Hannah Graham 29/08/2019	190 <b>Brit Record</b> Holly Bryans 18/01/2020	167.5 Joy Mineo 03/07/2019	167.5 Joy Mineo 03/07/2019	71.5 std -	- std -
<b>Total</b> Lifter Date	192.5 std -		367.5 Hannah Graham 29/08/2019	555 <b>Brit Record</b> Holly Bryans 18/01/2020	410 <b>Brit Record</b> Joy Mineo 18/01/2020	410 Joy Mineo 18/01/2020	121 std -	- std -
<b>Bench (A/C)</b> Lifter Date	40 std -		72.5 Hannah Graham 29/08/2019	140 <b>Brit Record</b> Holly Bryans 18/01/2020	120 Wendie Kirkland 24/11/2019	90 Joy Mineo 18/01/2020	26 std -	- std -
<b>76kg (W Eq)</b>	Under 18 Jnr	Sub	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
<b>Squat</b> Lifter Date	130 Std -		140 Std -	170 Std -	140 Wendie Kirkland 13/11/2021	120 Std -	100 Std -	- Std -
<b>Bench Press</b> Lifter Date	60 Std -		65 Std -	110 Wendie Kirkland 13/11/2021	110 Wendie Kirkland 13/11/2021	60 Std -	45 Std -	- Std -
<b>Deadlift</b> Lifter Date	140 Std -		160 Std -	180 Std -	160 Std -	130 Std -	110 Std -	- Std -
<b>Total</b> Lifter Date	330 Std -		365 Std -	435 Std -	380 Wendie Kirkland 13/11/2021	300 Std -	255 Std -	- Std -
<b>Bench (A/C)</b> Lifter Date	60 Std -		65 Std -	110 Wendie Kirkland 13/11/2021	110 Wendie Kirkland 13/11/2021	60 Std -	45 Std -	- Std -
<b>84kg (W Eq)</b>	Under 18 Jnr	Sub	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
<b>Squat</b> Lifter Date	132.5 Std -		145 Std -	167.5 Hannah L Graham 26/06/2021	145 Std -	122.5 Std -	102.5 Std -	- Std -
<b>Bench Press</b> Lifter Date	65 Std -		70 Std -	97.5 Hannah L Graham 26/06/2021	70 Std -	65 Std -	50 Std -	- Std -
<b>Deadlift</b> Lifter Date	145 Std -		165 Std -	200 Hannah L Graham 26/06/2021	162.5 Std -	135 Std -	112.5 Std -	- Std -
<b>Total</b> Lifter Date	342.5 Std -		380 Std -	465 Hannah L Graham 26/06/2021	377.5 Std -	322.5 Std -	265 Std -	- Std -
<b>Bench (A/C)</b> Lifter Date	65 Std -		70 Std -	106 Bekki Williams 12/11/2017	106 Bekki Williams 12/11/2017	65 Std -	50 Std -	- Std -
<b>84+kg (W Eq)</b>	Under 18 Jnr	Sub	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
<b>Squat</b> Lifter Date	135 Std -		150 Std -	220.5 Kelly Farrer 13/11/2021	220.5 Kelly Farrer 13/11/2021	125 Std -	105 Std -	- Std -
<b>Bench Press</b> Lifter Date	70 Std -		75 Std -	110 Kelly Farrer 13/11/2021	110 Kelly Farrer 13/11/2021	70 Std -	52.5 Std -	- Std -
<b>Deadlift</b> Lifter Date	150 Std -		170 Std -	195 Jo Whiteley 06/07/2019	195 Jo Whiteley 06/07/2019	140 Std -	115 Std -	- Std -
<b>Total</b> Lifter Date	355 Std -		395 Std -	500.5 Kelly Farrer 13/11/2021	500.5 Kelly Farrer 13/11/2021	335 Std -	272.5 Std -	- Std -
<b>Bench (A/C)</b> Lifter Date	70 Std -		75 Std -	162.5 Sarah Bouskill 03/10/2021	162.5 <b>Brit Record</b> Sarah Bouskill 03/10/2021	152.5 Jo Whiteley 22/10/2021	52.5 Std -	- Std -