



NORTH MIDLANDS POWERLIFTING  
**DIVISIONAL RECORD**

*Jack Frisby*

**Total 380kg**

**Squat 140kg**

**Bench 75kg**

**Deadlift 165kg**

in the Classic Sub Junior (u16) 83kg class

on 13th November 2021

at the Four Counties Championships 2021

ISSUED BY:

*Amy Crossland*

Divisional Records Registrar