

NM Division Womens Equipped Records

43kg (W Eq)	Under 18 Sub Jnr	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
Squat	50	67.5	-	-	-	-	-
Lifter	Std	Std	-	-	-	-	-
Date	-	-	-	-	-	-	-
Bench Press	26	35	-	-	-	-	-
Lifter	Std	Std	-	-	-	-	-
Date	-	-	-	-	-	-	-
Deadlift	66	88	-	-	-	-	-
Lifter	Std	Std	-	-	-	-	-
Date	-	-	-	-	-	-	-
Total	132	177.5	-	-	-	-	-
Lifter	Std	Std	-	-	-	-	-
Date	-	-	-	-	-	-	-
Bench (A/C)	27.5	70	-	-	-	-	-
Lifter	Std	Megan Answorth	-	-	-	-	-
Date	-	29/09/2012	-	-	-	-	-
47kg (W Eq)	Under 18 Sub Jnr	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
Squat	52.5	71.5	80	71.5	47.5	27.5	-
Lifter	Std	Std	Std	Std	Std	Std	Std
Date	-	-	-	-	-	-	-
Bench Press	25.5	35	42.5	35	27.5	15	-
Lifter	Std	Std	Std	Std	Std	Std	Std
Date	-	-	-	-	-	-	-
Deadlift	66	92.5	97.5	90	71.5	50	-
Lifter	Std	Std	Std	Std	Std	Std	Std
Date	-	-	-	-	-	-	-
Total	132	182.5	200	177.5	132	82.5	-
Lifter	Std	Std	Std	Std	Std	Std	Std
Date	-	-	-	-	-	-	-
Bench (A/C)	25.5	35	42.5	35	27.5	15	-
Lifter	Std	Std	Std	Std	Std	Std	Std
Date	-	-	-	-	-	-	-
52kg (W Eq)	Under 18 Sub Jnr	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
Squat	57.5	77.5	140	Michelle Franklin	Michelle Franklin	33	-
Lifter	Std	Std	Linzi Waite	125	125	Std	Std
Date	-	-	08/05/2019	19/01/2019	19/01/2019	-	-
Bench Press	27.5	42.5	77.5	67.5	67.5	20	-
Lifter	Std	Std	Linzi Waite	Michelle Franklin	Michelle Franklin	Std	Std
Date	-	-	07/09/2019	19/01/2019	19/01/2019	-	-
Deadlift	77	105	130	140	140	57.5	-
Lifter	Std	Std	Linzi Waite	Michelle Franklin	Michelle Franklin	Std	Std
Date	-	-	07/09/2019	19/01/2019	19/01/2019	-	-
Total	155	212.5	337.5	332.5	332.5	88	-
Lifter	Std	Std	Linzi Waite	Michelle Franklin	Michelle Franklin	Std	Std
Date	-	-	08/05/2019	19/01/2019	19/01/2019	-	-
Bench (A/C)	31.5	42	77.5	67.5	67.5	20	-
Lifter	Std	Std	Linzi Waite	Michelle Franklin	Michelle Franklin	Std	Std
Date	-	-	07/09/2019	19/01/2019	19/01/2019	-	-
57kg (W Eq)	Under 18 Sub Jnr	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
Squat	62.5	140	140	132.5	132.5	35	-
Lifter	Std	Bianca Pennington	Bianca Pennington	Michelle Franklin	Michelle Franklin	std	Std
Date	-	25/02/2017	25/02/2017	03/07/2019	03/07/2019	-	-
Bench Press	32.5	70	77.5	77.5	77.5	21	-
Lifter	Amelia Maycock	Bianca Pennington	Michelle Franklin	Michelle Franklin	Michelle Franklin	std	Std
Date	27/02/2016	25/02/2017	04/10/2017	04/10/2017	04/08/2017	-	-
Deadlift	102.5	145	147.5	147.5	147.5	60	-
Lifter	Amelia Maycock	Bianca Pennington	Michelle Franklin	Michelle Franklin	Michelle Franklin	std	Std
Date	27/02/2016	25/02/2017	03/07/2018	03/07/2018	03/07/2018	-	-
Total	195	355	355	350	350	93.5	-
Lifter	Amelia Maycock	Bianca Pennington	Bianca Pennington	Michelle Franklin	Michelle Franklin	std	Std
Date	27/02/2016	25/02/2017	25/02/2017	03/07/2018	03/07/2018	-	-
Bench (A/C)	32.5	70	80	80	80	21	-
Lifter	Amelia Maycock	Bianca Pennington	Michelle Franklin	Michelle Franklin	Michelle Franklin	std	Std
Date	27/02/2016	25/02/2017	21/03/2018	21/03/2018	21/03/2017	-	-
63kg (W Eq)	Under 18 Sub Jnr	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
Squat	122.5	140	205	160.5	135.5 Brit Record	42	-
Lifter	Amelia Maycock	Amelia Maycock	Holly Bryans	Helen Barrs	Michelle Franklin	Std	Std
Date	05/05/2018	19/01/2019	26/06/2021	28/04/2013	26/06/2021	-	-
Bench Press	60	77.5	132.5	82.5	82.5	25	-
Lifter	Amelia Maycock	Amelia Maycock	Holly Bryans	Helen Barrs	Michelle Franklin	Std	Std
Date	05/05/2018	28/08/2019	26/06/2021	18/07/2012	26/06/2021	-	-
Deadlift	152.5	162.5	207.5 Brit Record	162.5	142.5	67.5	-
Lifter	Amelia Maycock	Amelia Maycock	Holly Bryans	Helen Barrs	Michelle Franklin	Std	Std
Date	05/05/2018	19/01/2019	26/06/2021	18/07/2012	26/06/2021	-	-
Total	335	372.5	545	405	360.5	102.5	-
Lifter	Amelia Maycock	Amelia Maycock	Holly Bryans	Helen Barrs	Michelle Franklin	Std	Std
Date	05/05/2018	19/01/2019	26/06/2021	28/09/2012	26/06/2021	-	-
Bench (A/C)	60	77.5	132.5	83	83	25	-
Lifter	Amelia Maycock	Amelia Maycock	Holly Bryans	Michelle Franklin	Michelle Franklin	Std	Std
Date	05/05/2018	28/08/2019	26/06/2021	27/06/2021	27/06/2021	-	-

69kg (W Eq)	Under 18 Sub Jnr	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
Squat Lifter Date	120 Std -	170 Brit Record Amelia Maycock 26/06/2021	170 Amelia Maycock 26/06/2021	140 Wendie Kirkland 26/06/2021	110 Std -	80 Std -	- Std -
Bench Press Lifter Date	55 Std -	102.5 Brit Record Amelia Maycock 26/06/2021	105.5 Wendie Kirkland 26/06/2021	105.5 Brit Record Wendie Kirkland 26/06/2021	50 Std -	40 Std -	- Std -
Deadlift Lifter Date	130 Std -	175 Brit Record Amelia Maycock 26/06/2021	175 Amelia Maycock 26/06/2021	135 Wendie Kirkland 26/06/2021	110 Std -	100 Std -	- Std -
Total Lifter Date	305 Std -	447.5 Brit Record Amelia Maycock 26/06/2021	447.5 Amelia Maycock 26/06/2021	380.5 Wendie Kirkland 26/06/2021	270 Std -	220 Std -	- Std -
Bench (A/C) Lifter Date	55 Std -	102.5 Brit Record Amelia Maycock 26/06/2021	107.5 Wendie Kirkland 27/06/2021	107.5 Wendie Kirkland 27/06/2021	50 Std -	40 Std -	- Std -
72kg (W Eq) frozen end 2020	under 18	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
Squat Lifter Date	77.5 std -	135 Hannah Graham 29/08/2019	225 Brit Record Holly Bryans 18/01/2020	162.5 Brit Record Joy Mineo 18/01/2020	162.5 Joy Mineo 18/01/2020	44 std -	- std -
Bench Press Lifter Date	35 std -	72.5 Hannah Graham 29/08/2019	140 Brit Record Holly Bryans 18/01/2020	105 Wendy Kirkland 28/07/2019	90 Joy Mineo 18/01/2020	26 std -	- std -
Deadlift Lifter Date	96 std -	160 Hannah Graham 29/08/2019	190 Brit Record Holly Bryans 18/01/2020	167.5 Joy Mineo 03/07/2019	167.5 Joy Mineo 03/07/2019	71.5 std -	- std -
Total Lifter Date	192.5 std -	367.5 Hannah Graham 29/08/2019	555 Brit Record Holly Bryans 18/01/2020	410 Brit Record Joy Mineo 18/01/2020	410 Joy Mineo 18/01/2020	121 std -	- std -
Bench (A/C) Lifter Date	40 std -	72.5 Hannah Graham 29/08/2019	140 Brit Record Holly Bryans 18/01/2020	120 Wendy Kirkland 24/11/2020	90 Joy Mineo 18/01/2020	26 std -	- std -
76kg (W Eq)	Under 18 Sub Jnr	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
Squat Lifter Date	130 Std -	140 Std -	170 Std -	140 Std -	120 Std -	100 Std -	- Std -
Bench Press Lifter Date	60 Std -	65 Std -	85 Std -	65 Std -	60 Std -	45 Std -	- Std -
Deadlift Lifter Date	140 Std -	160 Std -	180 Std -	160 Std -	130 Std -	110 Std -	- Std -
Total Lifter Date	330 Std -	365 Std -	435 Std -	365 Std -	300 Std -	255 Std -	- Std -
Bench (A/C) Lifter Date	60 Std -	65 Std -	85 Std -	65 Std -	60 Std -	45 Std -	- Std -
84kg (W Eq)	Under 18 Sub Jnr	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
Squat Lifter Date	132.5 Std -	145 Std -	167.5 Hannah L Graham 26/06/2021	145 Std -	122.5 Std -	102.5 Std -	- Std -
Bench Press Lifter Date	65 Std -	70 Std -	97.5 Hannah L Graham 26/06/2021	70 Std -	65 Std -	50 Std -	- Std -
Deadlift Lifter Date	145 Std -	165 Std -	200 Hannah L Graham 26/06/2021	162.5 Std -	135 Std -	112.5 Std -	- Std -
Total Lifter Date	342.5 Std -	380 Std -	465 Hannah L Graham 26/06/2021	377.5 Std -	322.5 Std -	265 Std -	- Std -
Bench (A/C) Lifter Date	65 Std -	70 Std -	106 Bekki Williams 12/11/2017	106 Bekki Williams 12/11/2017	65 Std -	50 Std -	- Std -
84+kg (W Eq)	Under 18 Sub Jnr	Under 23 Jnr	Senior	Masters 1	Masters 2	Masters 3	Masters 4
Squat Lifter Date	135 Std -	150 Std -	196 Jo Whiteley 27/10/2019	196 Jo Whiteley 27/10/2019	125 Std -	105 Std -	- Std -
Bench Press Lifter Date	70 Std -	75 Std -	105 Jo Whiteley 27/10/2019	105 Jo Whiteley 27/10/2019	70 Std -	52.5 Std -	- Std -
Deadlift Lifter Date	150 Std -	170 Std -	195 Jo Whiteley 06/07/2019	195 Jo Whiteley 06/07/2019	140 Std -	115 Std -	- Std -
Total Lifter Date	355 Std -	395 Std -	493.5 Jo Whiteley 27/10/2019	493.5 Jo Whiteley 27/10/2019	335 Std -	272.5 Std -	- Std -
Bench (A/C) Lifter Date	70 Std -	75 Std -	160 Jaqueline Gough 27/06/2021	160 Brit Record Jaqueline Gough 27/06/2021	70 Std -	52.5 Std -	- Std -