

17/11/2018

The NM Four Counties Championships

Lifter	Team	Div	Bwt (kg)	WtCls (kg)	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	Total	(2) Wilks Pts	Pl-Div- WtCls-Evt
Dianne Hextall	NM	F-C-M2	45.9	47	M2	50	55	57.5	57.5	32.5	35	36.5	36.5	80	90	95	95	189	258.514	1-F-C-M2-47-PL
Jenna Brown	NM	F-C-Snr	50.1	52	Senior	90	97.5	105	105	55	57.5	-62.5	57.5	105	115	122.5	122.5	285	365.569	1-F-C-Snr-52-PL
Lily Belsher	NM	F-C-JR	50.5	52	U18	50	55	57.5	57.5	25	30	33	33	67.5	72.5	77.5	77.5	168	214.200	1-F-C-JR-52-PL
Suzanne Dakin	NM	F-C-Snr	55.8	57	Senior	90	97.5	100	100	45	52.5	-55	52.5	140	150	157.5	157.5	310	365.769	1-F-C-Snr-57-PL
Shonaugh Clapham	NM	F-C-Snr	55.6	57	Senior	105	110	-115	110	47.5	50	-52.5	50	112.5	120	-125	120	280	331.296	2-F-C-Snr-57-PL
Mia Tavinor	NM	F-C-SJ	55.4	57	U18	92.5	97.5	102.5	102.5	40	45	-50	45	100	102.5	105	105	252.5	299.616	1-F-C-SJ-57-PL
Angela Houldershaw	NM	F-C-M2	62.7	63	M2	75	82.5	87.5	87.5	42.5	47.5	50	50	110	117.5	122.5	122.5	260	280.254	1-F-C-M2-63-PL
Anne Irving	NM	F-C-M1	59	63	M1	55	60	65	65	25	27.5	-30	27.5	70	77.5	82.5	82.5	175	197.663	1-F-C-M1-63-PL
Sophie Hardy	NM	F-C-Snr	61.9	63	Senior	125	130	132.5	132.5	70	72.5	-75	72.5	135	140	145	145	350	380.940	1-F-C-Snr-63-PL
Cat Bryden	NM	F-C-Snr	60.7	63	Senior	80	85	87.5	87.5	40	45	-47.5	45	110	115	117.5	117.5	250	276.225	2-F-C-Snr-63-PL
Elizabeth Fletcher	NM	F-C-Snr	61.5	63	Senior	65	70	75	75	32.5	35	-37.5	35	80	87.5	95	95	205	224.249	3-F-C-Snr-63-PL
Alice Coulson	NM	F-C-Snr	60.6	63	Senior	47.5	52.5	55	55	25	27.5	30	30	72.5	77.5	82.5	82.5	167.5	185.305	4-F-C-Snr-63-PL
Sarah Clark	NM	F-C-JR	61.2	63	U23	70	80	85	85	35	40	-42.5	40	95	105	107.5	107.5	232.5	255.285	1-F-C-JR-63-PL
Sarah Knowles	NM	F-C-M1	68.3	72	M1	80	85	-90	85	45	50	-52.5	50	125	132.5	140	140	275	278.327	1-F-C-M1-72-PL
Lucy Smith	NM	F-C-M1	69.5	72	M1	70	75	80	80	32.5	35	37.5	37.5	95	102.5	-107.5	102.5	220	219.956	2-F-C-M1-72-PL
Holly Bryans	NM	F-C-Snr	71	72	Senior	155	-170	170	170	77.5	82.5	87.5	87.5	165	180	185	185	442.5	435.951	1-F-C-Snr-72-PL
Amy May Saunders	NM	F-C-Snr	69.5	72	Senior	117.5	125	130	130	65	70	-72.5	70	132.5	140	145	145	345	344.931	1-F-C-Snr-72-PL
Holly Cox	Guest	F-C-Snr	65.2	72	Senior	97.5	102.5	107.5	107.5	52.5	55	57.5	57.5	132.5	140	-142.5	140	305	319.244	3-F-C-Snr-72-PL
Leanne Wilson	NM	F-C-Snr	70.2	72	Senior	90	100	107.5	107.5	42.5	47.5	50	50	120	135	142.5	142.5	300	297.870	4-F-C-Snr-72-PL
Charla Proctor	NM	F-C-Snr	69.7	72	Senior	100	105	110	110	55	57.5	60	60	105	112.5	120	120	290	289.362	5-F-C-Snr-72-PL
Natalie Hill	NM	F-C-Snr	68.2	72	Senior	92.5	97.5	102.5	102.5	42.5	47.5	52.5	52.5	102.5	112.5	120	120	275	278.603	6-F-C-Snr-72-PL
Cassie Cliff	NM	F-C-Snr	71	72	Senior	80	90	100	100	55	60	62.5	62.5	85	95	102.5	102.5	265	261.078	7-F-C-Snr-72-PL
Ashley Lewis	NM	F-C-JR	70.3	72	U23	92.5	97.5	102.5	102.5	82.5	-86.5	-86.5	82.5	120	130	135	135	320	317.408	1-F-C-JR-72-PL
Holly Hume	NM	F-C-JR	69.6	72	U23	100	112.5	120	120	55	65	70	70	105	115	125	125	315	314.622	2-F-C-JR-72-PL
Ebony Harker	NM	F-C-JR	69.7	72	U23	77.5	82.5	87.5	87.5	40	45	47.5	47.5	85	90	95	95	230	229.494	3-F-C-JR-72-PL
Kyra Nettle	NM	F-C-M1	78.2	84	M1	95	100	105	105	37.5	-40	40	40	102.5	110	115	115	260	240.994	1-F-C-M1-84-PL
Jo Parry	NM	F-C-M1	76.2	84	M1	60	67.5	72.5	72.5	37.5	42.5	-45	42.5	95	102.5	112.5	112.5	227.5	214.168	2-F-C-M1-84-PL
Sadie Hurst	NM	F-C-Snr	78.4	84	Senior	107.5	115	122.5	122.5	55	62.5	-65	62.5	125	140	145	145	330	305.448	1-F-C-Snr-84-PL
Amy Clarke	NM	F-C-Snr	83.8	84	Senior	-105	112.5	120	120	57.5	65	67.5	67.5	125	140	-147.5	140	327.5	292.392	2-F-C-Snr-84-PL
Fay Gardener	NM	F-C-Snr	80.4	84	Senior	67.5	72.5	77.5	77.5	35	40	42.5	42.5	90	95	100	100	220	200.750	3-F-C-Snr-84-PL
Rachel Ward	NM	F-C-M2	96.2	84+	M2	90	97.5	102.5	102.5	50	52.5	55	55	102.5	110	117.5	117.5	275	231.770	1-F-C-M2-84+-PL
Fionn Morven	NM	F-C-M2	85.5	84+	M2	75	80	85	85	40	42.5	-45	42.5	90	97.5	102.5	102.5	230	203.343	2-F-C-M2-84+-PL
Hollie Gardner	NM	F-C-Snr	93.9	84+	Senior	115	120	-125	120	50	52.5	55	55	125	135	150	150	325	276.218	1-F-C-Snr-84+-PL
Emma Harris	Guest	F-C-Snr	84.4	84+	Senior	100	105	-110	105	50	52.5	-55	52.5	142.5	150	-155	150	307.5	273.552	2-F-C-Snr-84+-PL