



Competition: NM Powerlifting Championship		Venue: Horncastle																	Date: 15th November 2015			
#	Name	M/F	Div.	U/E	Age cls.	Wt. cat.	Body Wt. (kg)	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	Total	Position in class
1	Amelia Maycock	F	NM	U	Sub Jnr	52kg	51.8	40.00	45.00	50.00	50.00	25.00	27.50	30.00	30.00	80.00	60.00	65.00	75.00	75.00	155.00	1
3	Holly Clarke	F	NM	U	Snr	52kg	50.2	50.00	52.50	55.00	55.00	27.50	30.00	-32.50	30.00	85.00	67.50	72.50	77.50	77.50	162.50	1
2	Bianca Jade Pennington	F	NM	U	Jnr	57kg	55.6	-90.00	90.00	100.00	100.00	45.00	50.00	-55.00	50.00	150.00	100.00	112.50	125.00	125.00	275.00	1
4	Sarah Jane Lacy	F	NM	U	Snr	57kg	53.7	55.00	60.00	62.50	62.50	32.50	37.50	40.00	40.00	102.50	85.00	90.00	92.50	92.50	195.00	1
7	Cassie Cliff	F	NM	U	Snr	63kg	63	75.00	80.00	82.50	82.50	45.00	50.00	52.50	52.50	135.00	70.00	80.00	90.00	90.00	225.00	1
6	Miriam Binszok	F	NM	U	Snr	63kg	59.5	65.00	70.00	75.00	75.00	37.50	-40.00	-40.00	37.50	112.50	75.00	80.00	85.00	85.00	197.50	2
8	Michelle Franklin	F	NM	U	M1	63kg	61.4	75.00	80.00	85.00	85.00	47.50	52.50	55.00	55.00	140.00	117.50	125.00	127.50	127.50	267.50	1
5	Diana Louise Clarke	F	NM	U	M1	63kg	61.1	50.00	52.50	55.00	55.00	32.50	37.50	40.00	40.00	95.00	90.00	95.00	97.50	97.50	192.50	2
10	Lucy Glover	F	NM	U	Snr	72kg	70.7	100.00	-107.50	-107.50	100.00	55.00	60.00	62.50	62.50	162.50	120.00	131.00	135.00	135.00	297.50	1
9	Bekki Williams	F	NM	U	Snr	72kg	71.5	90.00	97.50	102.50	102.50	55.00	60.00	62.50	62.50	165.00	120.00	127.50	-135.00	127.50	292.50	2
12	Joyce Baumber	F	NM	U	Snr	72kg	71.5	52.50	55.00	57.50	57.50	27.50	30.00	-32.50	30.00	87.50	75.00	85.00	92.50	92.50	180.00	3
15	Stacy Reid	F	NM	U	Snr	84kg	83.7	97.50	-105.00	105.00	105.00	47.50	52.50	57.50	57.50	162.50	117.50	125.00	130.00	130.00	292.50	1
16	Laura Clark	F	NM	U	Snr	84kg	82.6	90.00	97.50	102.50	102.50	47.50	52.50	-55.00	52.50	155.00	117.50	125.00	130.00	130.00	285.00	2
17	Charlotte Patchett	F	NM	U	Snr	84kg	75.2	90.00	-95.00	95.00	95.00	47.50	-50.00	50.00	50.00	145.00	117.50	-125.00	-125.00	117.50	262.50	3
11	Helen Peers	F	NM	U	Snr	84kg	76.7	85.00	90.00	95.00	95.00	45.00	47.50	50.00	50.00	145.00	95.00	105.00	110.00	110.00	255.00	4
14	Eve Johnston	F	NM	U	Snr	84kg	76.1	50.00	55.00	57.50	57.50	27.50	30.00	32.50	32.50	90.00	65.00	70.00	72.50	72.50	162.50	5
19	Kirsty Harness	F	NM	U	Snr	84+kg	112.5	117.50	125.00	130.00	130.00	67.50	72.50	77.50	77.50	207.50	152.50	160.00	167.50	167.50	375.00	1
18	Sarah Bouskill	F	NM	U	Snr	84+kg	98.6	90.00	97.50	102.50	102.50	57.50	62.50	67.50	67.50	170.00	132.50	140.00	145.00	145.00	315.00	2
20	Alison Wright	F	NM	U	Snr	84+kg	95.0	90.00	97.50	102.50	102.50	50.00	55.00	60.00	60.00	162.50	135.00	142.50	150.00	150.00	312.50	3
21	Matthew Pyle	M	NM	U	Sub Jnr	74kg	68.1	160.00	170.00	-177.50	170.00	100.00	107.50	-110.00	107.50	277.50	200.00	210.00	-215.00	210.00	487.50	1
24	Usaamah Ashpaq	M	NM	U	Jnr	74kg	67.7	145.00	155.00	-170.00	155.00	100.00	107.50	112.50	112.50	267.50	175.00	185.00	195.00	195.00	462.50	1
27	Paul Campbell	M	NM	U	Snr	74kg	74.0	175.00	185.00	192.50	192.50	130.00	140.00	145.00	145.00	337.50	200.00	212.50	220.00	220.00	557.50	1
26	Thattaporn Lekhawattanapong	M	NM	U	Snr	74kg	72.1	160.00	-167.50	167.50	167.50	105.00	112.50	117.50	117.50	285.00	165.00	175.00	185.00	185.00	470.00	2
23	Jacob Zaruba	M	NM	U	Sub Jnr	83kg	74.8	120.00	135.00	150.00	150.00	80.00	85.00	-	85.00	235.00	180.00	192.50	-205.00	192.50	427.50	1
32	Mahavira Sng	M	NM	U	Jnr	83kg	80.1	190.00	200.00	-205.00	200.00	120.00	125.00	-132.50	125.00	325.00	225.00	235.00	242.50	242.50	567.50	1
30	Frank McCaskill	M	NM	U	Snr	83kg	83.0	180.00	190.00	195.00	195.00	120.00	140.00	-145.00	140.00	335.00	200.00	220.00	-225.00	220.00	555.00	1
22	Ash Houlderness	M	NM	U	Snr	83kg	81.5	120.00	132.50	140.00	140.00	90.00	97.50	102.50	102.50	242.50	160.00	175.00	182.50	182.50	425.00	2
28	Stefan Wurwal	M	NM	U	Snr	83kg	82.9	115.00	125.00	135.00	135.00	90.00	100.00	102.50	102.50	237.50	150.00	165.00	175.00	175.00	412.50	3
35	Michael Coupe	M	NM	U	Snr	83kg	83.0	70.00	75.00	80.00	80.00	70.00	75.00	80.00	80.00	160.00	-135.00	135.00	145.00	145.00	305.00	4
29	Dan Saunders	M	NM	E	Snr	83kg	83.0	230.00	240.00	245.00	245.00	145.00	152.50	160.00	160.00	405.00	230.00	-240.00	-240.00	230.00	635.00	1
34	Ben Gould	M	NM	U	Jnr	93kg	85.6	120.00	130.00	140.00	140.00	115.00	120.00	125.00	125.00	265.00	160.00	175.00	185.00	185.00	450.00	1
33	Khalon Hodson	M	NM	U	Snr	93kg	86.5	170.00	180.00	185.00	185.00	115.00	120.00	125.00	125.00	310.00	190.00	200.00	210.00	210.00	520.00	1
37	Callum Sidebottom	M	NM	U	Jnr	105kg	105.0	175.00	185.00	195.00	195.00	95.00	102.50	107.50	107.50	302.50	160.00	185.00	202.50	202.50	505.00	1
38	William Bown	M	NM	U	Snr	105kg	103.6	190.00	200.00	202.50	202.50	100.00	105.00	107.50	107.50	310.00	190.00	200.00	205.00	205.00	515.00	1
36	Jason Vernon	M	NM	U	Snr	105kg	105.0	150.00	160.00	-170.00	160.00	105.00	110.00	112.50	112.50	272.50	200.00	210.00	220.00	220.00	492.50	2
40	Grant Peck	M	NM	U	Snr	120kg	116.5	135.00	142.50	150.00	150.00	95.00	-100.00	100.00	100.00	250.00	160.00	175.00	190.00	190.00	440.00	1
BENCH A/C																						
42	Farhad Saiepour	M	NM	U	M1	74kg	71.9	-	-	-	0.00	112.50	122.00	123.00	123.00	123.00	-	-	-	0.00	123.00	1
43	Harold Houldershaw	M	NM	U	M2	105kg	103.1	-	-	-	0.00	90.00	100.00	102.50	102.50	102.50	-	-	-	0.00	102.50	1