

GBPF NM Divisional competition
Horncastle
6th November 2011

Name	Div.	Cat.	B/W	Class	Squat			Bench Press			Deadlift			Total
					1	2	3	1	2	3	1	2	3	
Roger Powell	NM	M4	66	66	100	110	120	50	60	65	130	150	155	340.0
Roger Little (E)	NM	M3	66	66	70	75	85	55	60	-65	140	-152.5	-	285.0
Ben Murell	NM	U18	63.1	66	75	82.5	-95	50	60	62.5	150	165	182.5	327.5
Bill Taylor	NM	M2	68.6	74	100	110	117.5	80	85	-90	125	132.5	142.5	345.0
Andrew Houldershaw	NM	Jnr	72.9	74	100	110	115	70	-80	-80	160	170	-180	355.0
Ant Saville	NM	Snr	73.3	74	130	140	-145	95	105	-107.5	165	175	-	420.0
John Vincent	NM	M1	72.4	74	140	-150	155	100	105	107.5	170	185	190	452.5
Paul Maltby	NM	Snr	80.6	83	95	100	-105	95	100	107.5	150	165	175	382.5
Matt Dickenson	NM	Jnr	81.2	83	130	142.5	150	-80	80	90	160	180	190	430.0
Mick Cliffe	NM	M2	78.2	83	150	-170	170	105	115	120	185	205	-225	495.0
Owen Lilley	NM	Jnr	81.3	83	150	162.5	175	90	100	-107.5	200	215	227.5	502.5
Paul Kopec	NE	Snr	82	83	190	202.5	-210	145	150	-	230	240	-247.5	592.5
Owen Lockwood	SE	U23	91.3	93	180	190	200	130	-137.5	-140	220	230	235	565.0
Paul Hammond	NM	M1	103.1	105	160	170	175	125	130	135	170	195	-205	505.0
Harry Wybrow	NM	Snr	97.6	105	140	150	-165	105	110	112.5	190	-205	205	467.5
Gary Croft	NM	Snr	106.4	120	140	180	-200	150	-160	160	200	-235	-	540.0
Mathew Brownhill	NM	Snr	117.3	120	180	210	-230	-140	140	165	225	260	-	635.0
Jay Hollingsworth	NM	Snr	111.6	120	240	-	-	180	-	-	-	-	-	420.0
Michael Pennington	NM	U23	118.5	120	210	230	240	180	-190	-190	270	290	-295	710.0
Bench A/C														
John Lewis	NM	M1	73.6	74	-	-	-	105	-115	-115	-	-	-	105.0
Kevin Barrs	NM	M1	83.8	93	-	-	-	130	-137.5	-137.5	-	-	-	130.0
James Jeffries (E)	NM	M1	93.2	105	-	-	-	245	260	280	-	-	-	280.0

Key:
= HPC Lifter
(E)= Equipped lifter
= British Record
Red Text Failed lift
- No lift
4 new British Records set during this competition and all by Horncastle lifters. Well done, Ben, Mike and James.